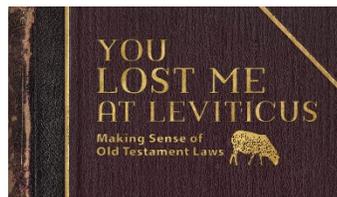


DAILY QUIET TIME GUIDE

BREVARD COMMUNITY CHURCH

WEEK 2: YOU LOST ME AT LEVITICUS - HOLINESS

ADAPTED FROM: LIFE CHURCH, SET APART



HOW TO HAVE A DAILY QUIET TIME

The QT Guide is designed to help you MOVE with God through Bible Reading, reflection and prayer. It can be completed in a about 7 mins.

½ Minutes Preparing Your Heart: Invest the first 30 seconds preparing your heart. You might pray, “Lord, cleanse my heart so You can speak to me through the Scriptures. Make my mind alert, my soul active, and my heart responsive. Surround me with Your presence during this time.

4 Minutes Listening To God: Take the next four minutes to read the Bible. Your greatest need is to hear a word from God. Allow the Word to strike fire in your heart. Meet the Author!

2 1/2 Talking To God (Prayer): After God has spoken through His Book, then speak to Him in prayer.

DAY 1

1 Peter 1:15-16; 1 Thessalonians 4:7

We must be holy and live holy lives! What does that even mean? Well, simply put, it means to be set apart—in a good way.

If you’re a Christian, that means you should think differently, act differently, and live your life differently. This is what it means to be set apart or holy. But in order to be set apart for God, we need to learn to first set apart time with God.

Life gets busy. There are so many things contending for our time and attention: school, homework, sports, friends, family, and the list goes on and on. God begins to get pushed to the back of our minds, and eventually we realize that we haven’t really spent time with Him in a while.

So, if that’s you, here’s what I want you to do: slow down, stop and put everything away, and set apart time for God. Get away from it all. Be silent for a moment. Go experience God in nature, read your Bible, journal, or pray.

What do you need to do less of to experience more of God in your life?

To be set apart we need to set apart time with God.

DAY 2

1 Thessalonians 5:14-18, Ephesians 6:10-18, 2 Chronicles 7:14

One of the best ways we can start learning to be set apart for God is to spend time with Him, just like we talked about yesterday. But how do we do that? Prayer!

It seems like the classic Christian answer, but prayer is powerful, and it can transform your life in huge ways. Prayer can sometimes feel like this awkward experience where you're talking to an empty void. But it doesn't have to feel that way.

Think about a time you learned a new skill. Maybe it was a sport, a complex math problem, or a new hobby. It took time to learn how to do it well, right? Prayer is the same way. It feels awkward at first. But you have to embrace the awkward to get to the awesome.

Think about it like this. Imagine you needed to talk to a stranger for a minute. Just the thought of that seems awkward and stressful, right? Now, imagine you're talking to your best friend for a minute. Totally normal.

That's how prayer works. The less time we spend praying, the more time it'll feel awkward. But, when we continue to pray, even when it doesn't feel natural, we start experiencing God in ways we never have before.

The reality is that we become like who we spend time with. So, if we're going to be set apart for God, we've got to get to know Him. We've got to talk with Him and listen to Him.

So, let's practice. Today, spend just two minutes in prayer. You could write it down in a journal, draw it in a creative way, pray in your head, or speak it out loud. Try to do this every day for the next week, and see if you don't start experiencing prayer in a whole new way.

DAY 3

2 Timothy 1:9, Romans 2:12

A lot of people say they're Christians, but not all of them live that way. They talk the talk, but they don't walk the walk.

Would you say people know that you're a Christian just because you say it, or do they know it because you live it? To be holy is to live your life set apart in such a way that people can tell there's something different about you even without you telling them.

As Christians, we shouldn't be doing what everyone else is doing. We shouldn't just conform to what's normal.

When everyone's talking trash about someone, you choose to be their one and only friend. When others are sleeping with their boyfriend or girlfriend, you choose to wait for the person you're going to marry. When people you know are making crude jokes or comments, you choose not to be a part of it.

Choose to live your life set apart for God. Be different in a good way. Choose to love better than anyone else. Choose to live your life with more joy, excitement, and contentment than everyone else. Choose to be someone who is known by what you're for rather than complaining all the time

So, what ways do you need to start living a life set apart?

When you start to live set apart for God, others will be drawn to God.

DAY 4

Proverbs 13:20, Ecclesiastes 4:12

So, to be set apart, we set apart time to get to know God and we act differently from the world around us. But that can be hard to do by yourself! God calls us to be different, but He doesn't call us to be different alone.

If we're going to live holy lives, we're going to need other people. But not just anyone—we're going to need godly people who can help us live the way God has called us to live.

We talked about how we become like who we spend time with. So, we should definitely spend time with God. But we also need to spend time with others! We'll become like the people we hang out with, so we need to choose wisely.

Look for people who are pursuing God, spending time with Him, and serving others the way Jesus would. Then, choose to do those things together, because even though our relationship with Jesus is personal, it's certainly not private.

So, who are those friends who bring you closer to Christ? What can you do to strengthen those relationships to help you live a holy life?

To be set apart for God, we'll need other people to help us.

DAY 5

John 15:1-11, Galatians 5:22-23

Once we've begun to live holy lives set apart for God, we then need to learn to remain in Him, to seek Him every day, and let Him lead our lives.

When we remain in Him, we begin to grow fruit in our lives. Wait ... what? Grow fruit!?

Well, yeah!

The verses you just read talk about growing fruit. But not like apples and oranges, that would just be weird, come on!

Galatians 5:22-23 talks about the kind of fruit we'll produce when we remain in Christ. When we seek Him and spend time with Him every day, we will be more loving. We will have more joy in our lives. We will experience more peace in our days. We'll have a little more patience for others. We'll be able to be kinder to others, do more good in the world, and have greater faith.

Who wouldn't want to live that way and be that kind of person?

That's what happens when we remain in Christ throughout our days and live holy lives set apart for God.