



## Talk It Over Guide: Week 3

Talking through the message during the week helps you turn what God is saying to you into NEXT MOVES. These talking points, questions, and Scriptures are designed to help you make those moves. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out the questions that will stir up conversation and action among your group.

- What is the most memorable time you remember asking for forgiveness? What happened?
- Confession of sin paves the way for freedom and restoration in relationships.

### 1 John 1:8-10 – Confess your sin

- What does verse 8 say happens if we claim to have no sin?
- What is the result of confessing our sins? Is this a conditional or unconditional promise (v. 9)?
- How does confessing sin restore fellowship with God?

### James 5:16 – Confess your sins to one another

- Why is confessing sins to one another important if we truly desire to be free of the guilt that can ruin relationships?
- Confessing sin to others is not easy. What do we need God's power to do in us to help us be open and honest in our confessions of sin?
- On the other hand, receiving a person's confession of sin can be challenging as well. What do we need God's power to do in us if we are the ones to whom sin is being confessed?

### NEXT MOVES:

Here are some specific things you can do this week to help you apply the principles of this message.

- Add a time of confession to your Daily Quiet Time. Be specific by thinking back through your day.
- In your Life Group when you gather, or on your serving team when you huddle, take time to "confess" where you fell short of last weekend's truth.

### TALK IT OVER WITH GOD:

Confession calls for specifics. Our relationship does not change but the "fellowship" conversation does.

Confession is "agreeing with God about your sin." Pray in agreement in these areas.

- My attitudes
- My affections
- My ambitions
- My activities



**Don't let the conversation stop. Keep talking it over with others in a GROUP.  
Don't have a group? Check out [brevardcommunity.org/groups](http://brevardcommunity.org/groups)**