

# DAILY QUIET TIME GUIDE

BREVARD COMMUNITY CHURCH

ASKING FOR A FRIEND, WEEK 5

DEVOTIONAL ADAPTED FROM: LORD, ANSWER MY PRAYER



## HOW TO HAVE A DAILY QUIET TIME

The QT Guide is designed to help you MOVE with God through Bible Reading, reflection and prayer. It can be completed in about 7 mins.

**½ Minutes Preparing Your Heart:** Invest the first 30 seconds preparing your heart. You might pray, “Lord, cleanse my heart so You can speak to me through the Scriptures. Make my mind alert, my soul active, and my heart responsive. Surround me with Your presence during this time.

**4 Minutes Listening To God:** Take the next four minutes to read the Bible. Your greatest need is to hear a word from God. Allow the Word to strike fire in your heart. Meet the Author!

**2 1/2 Talking To God (Prayer):** After God has spoken through His Book, then speak to Him in prayer.

## DAY 1

### God wants to forgive your sin - Psalms 85:2-3

Sin forms a barrier between us and God, a barrier which prevents Him from listening to our prayers. “But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear,” writes the prophet Isaiah (Isa. 59:2, NIV).

When we read the history of God’s disobedient people, how can we not be amazed at the love, patience, and mercy of God. The prophet Micah wrote about a God who forgave again and again: “Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy. You will again have compassion on us; you will tread our sins underfoot and hurl all our iniquities into the depths of the sea” (Mic. 7:18–19, NIV).

And this merciful God is also your God who sent His Son so that everyone can have their sins forgiven—sins committed in the past, present, and future. Jesus bore the punishment for your sin on the cross, once and for all. Your part is to confess your sins before God, placing your hope for the future in Jesus, the One who restored the relationship between you and God.

*Prayer: Lord Jesus, I praise You for having paid the price for all my sin on the cross. Thank You that I may now be free and place my hope for the future in You. Amen.*

## DAY 2

### Good gifts to His children - Matthew 7:11

When you pray, always remember to whom you are talking. The God to whom you are praying loves you unconditionally. God, your Father, does not hesitate to demonstrate His love for you. “For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life” (John 3:16, NIV).

Just as an earthly father gives good gifts to his children, God will give His children good things in response to prayer. Since God is greater than an earthly father, He will respond to our requests and give us much more than we ask or imagine. “Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory,” writes Paul in Ephesians 3:20–21 (NIV).

God is able to give you much more than you ask of Him in prayer, provided you understand that the promises in His Word, apply to His children only. Your prayers will be answered if you are in the right relationship with your heavenly Father. Just as an earthly father sometimes withholds privileges from a disobedient child, you cannot expect to have your prayers answered if you refuse to obey God.

*Prayer: Heavenly Father, I praise You because You are able to give me much more than I ask—grant that I will obey You so that You will answer my prayers. Amen.*

## DAY 3

### **Believe that you have already received** - Mark 11:24

In Mark 11:24, Jesus made an incredible promise to His disciples: believe that what you are praying for has already been granted and God will give it to you. He has the power to fulfill every promise in His Word. “Praise be to the Lord, the God of Israel, who with his hands has fulfilled what he promised with his mouth to my father David” (2 Chronicles 6:4, NIV).

Jesus’ promises regarding prayer are true. When you pray, ask God’s will for your life, believing He will hear you and answer you. You may know God’s will by living close to Jesus and submitting your life to be controlled by the Holy Spirit.

- Pray in the Name of Jesus
- Pray that God be glorified
- Pray as directed by the Holy Spirit

Sometimes it is difficult to know exactly what God’s will is, but please know that God has your best interest in mind and will answer prayer accordingly. If you have doubts about whether the things you are asking God for are in line with His will, see what your Bible says about it. Ask the Holy Spirit to intervene on your behalf and clarify God’s will to you.

*Prayer: Heavenly Father, it is incredible that I may receive everything I ask of You, provided I pray according to Your will, to Your glory, and in the Name of Jesus. Thank you! Amen.*

## DAY 4

### **Pray in the power of the Holy Spirit** - Jude 1:20

Just as you will never be able to live by faith in your own power, you also cannot pray in the right way by yourself. Fortunately, God sends His Holy Spirit to help you with this. The Holy Spirit enables you to remain in

God's love and to wait for the mercy of Jesus because you know He has made eternal life possible by His death on the cross.

The Holy Spirit is the Spirit of prayer. He teaches us to pray. He stirs the desire to pray in our hearts. When we pray, He endows us with His divine power so that our prayers will have more potency. When you pray in His power, what you desire will no longer be the focus, but instead the focus will be on the Kingdom of God. Before you can pray in the power of the Spirit, you should be willing to set aside your own desires and pray for the things God desires.

You can comply with this calling to pray in the Holy Spirit only if you are willing to hand the control of your whole life to the Holy Spirit.

People who pray in the power of the Spirit live in such a way that others can see by their lives to whom they belong. Is this true about you yet? If so, you may rely on the Holy Spirit to fill your prayers with His miracle-working power.

God wants you to talk to Him in prayer, therefore He sent His Son to enable you to pray and His Spirit to teach you how to pray. The Holy Spirit wants to establish a spirit of prayer in your life—ask Him to do this for you.

*Prayer: Holy Spirit, I would like to live in such a way that others will be able to see You in my life. Help me to submit my will to the will of God. Amen.*

## DAY 5

### **Pray in the morning and in the evening** - Psalms 46:10, 1 Chronicles 23:30

In the days of the Old Testament the Levites had a series of important functions which they had to perform faithfully. One of their most important assignments was to meet at the temple every morning and evening to thank and praise the Lord. The people could listen to the songs of praise of the Levites and be reminded of God's mercy.

God is great and holy and speaking with Him requires respect. When you start to pray, recognize with whom you are talking. Before you start praying, get in the right frame of mind and be still. Relax completely. Forget the things which make you anxious and tense and concentrate on God, the One who is in total control.

While Eastern meditation means that you have to empty yourself of everything, Christian meditation means that you fill your thoughts with God. Do this by forgetting everything around you and focusing only on God's presence. Fill your thoughts with God's attributes: think about His love for you, about the miracles of His creation, about His omnipresence, His omnipotence, faithfulness and mercy.

Early morning is a great time for an appointment with the Lord, but it is also important to conclude your day with Him. Never miss your daily appointment with God; keep it faithfully like the Levites of old.

*Prayer: Father, thank You for the joy of Your presence. Please make me faithful so that I will not miss a single appointment with You. Amen.*