



Talk It Over Guide Not Afraid

Key Scriptures

“Do not let your hearts be troubled. You believe in God; believe also in me.” John 14:1 NIV

“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”
John 14:27 NIV

“I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.” John 14:27 NLT

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.
2 Timothy 1:7 NLT

For we live by faith, not by sight.
2 Corinthians 5:7 NIV

Don’t be selfish; don’t try to impress others. Be humble, thinking of others as better than yourselves. Don’t look out only for your own interests, but take an interest in others, too.
Philippians 2:3-4 NLT

All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved. Acts 2:44-47 NIV

“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.” Matthew 5:14-16 NIV

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.
2 Corinthians 4:7-9 NIV

Start Talking:

- How do you like to spend time when you’re by yourself?

Start Thinking:

- Are you dealing with any fears or anxieties right now? What are they?
- Would you describe your faith as more of a weekly faith or a daily faith? What are some ways you could live out your faith more during the week?
- Read Matthew 5:14-16. What does it look like to shine your light to others?

Start Sharing:

- Describe a time when God showed you He was with you—even though life was tough.
- How can you put others first and bring hope to those who need it this week?

Start Praying:

Father, thank You for never leaving nor forsaking us. Thank You that we can count on You no matter how hard things get or how dark the world seems. Give us the courage we need to act as lights and guide others toward the hope only You can bring. In Jesus’ name, amen.

Start Doing.

- Pray and ask God to show you how you can bring hope to the people around you this week.

