

Loop - Outside The Zone – Talk it Over Guide



Icebreaker Question

When you want to get comfortable and cozy, what things do you have to have?

This Week's Big Questions

Are you willing to get uncomfortable?

The Verse

“So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you, nor abandon you.” Deuteronomy 31:6 NLT

YouVersion Bible Plan

Make sure to check out the Bible Plan associated with this series: ***What Courage Looks Like***

Choose questions for your kids.

1. What was your favorite part of the message today? What's one thing you learned?
2. What is a comfort zone?
3. What are some things that are outside of your comfort zone? What kinds of things might get you to leave your comfort zone?
4. Have you ever stepped outside of your comfort zone? How did you do it?
5. We talked about how courage isn't the absence of fear but doing what you're afraid of even when you're scared. Have you ever done something courageous – even while you were terrified? What happened?
6. **Take action.** Courage doesn't have to be a huge step into the unknown – you can have courage every day. What are some new things – baby steps – you can try to get outside your comfort zone and be courageous?
7. Talk about prayer and pray together.