

# SMALL GROUP LEADER GUIDE

## The YOU Effect / Week 3

### BEFORE GROUP

#### BOTTOM LINE

Because of Jesus, we can change the effect we have on others.

#### SCRIPTURE

*Luke 7:36-39 NIV and Luke 7:44-48 NIV*

#### GOAL OF SMALL GROUP

To help students understand that they have the ability to change the effect they have on others and regain influence over time.

Leaders, at this stage, students' brains are still developing the ability to imagine and predict future outcomes. Not only can this lead to risky decisions, but it also means they have a difficult time seeing past their current circumstances. In other words, when they have messed up or lost trust, it can be difficult for them to imagine life ever being any different than this current moment. That's why, as their leaders, we should be intentional about offering *hope* for a better future and reminding them that we believe they can change.

*This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here.*

#### THINK ABOUT THIS

### DURING GROUP

#### DISCUSSION QUESTIONS

1. If you could give a Who are some famous people who have lost influence because of something they have done?
2. Who are some people you have seen regain influence? How did they do it?
3. How can regaining influence be difficult in high school?
4. From the following areas, where do you think you have the most influence? The least influence? Put the following areas in order of how much influence you have:
  - a. School
  - b. Friends
  - c. Family
  - d. Church
  - e. Sports/clubs
5. When have you felt like you've lost influence because of a decision you've made?
6. How can you regain influence with others? Who is someone you trust who can help you regain influence? How can this Small Group, or someone you trust, help keep you from losing influence in the future?
7. Think of one person you have lost influence with, what is one step you can take this week toward changing the effect you have on them?

#### TRY THIS

On a 3x5 index card, challenge your students to write down the name of someone that they may have lost influence with and on the back write one action step they can do this week to regain their influence. Follow up to support them.